

INTENSIVE RESIDENTIAL TREATMENT

Intensive residential treatment at Brandon strives to prepare boys for a successful transition back into their families and home community by providing consistent care and a corrective learning experience. An essential piece of this program is family therapy that happens on a weekly basis. The program provides two levels of treatment. The entry level is more structured and has the highest staff-to-child ratios. The focus of this program is on group interaction and behavioral control. As boys demonstrate improved controls, they advance to a second level of treatment where they develop greater confidence, insight, independence and a more diversified experience with community living in one of Brandon's off-campus residences. Both treatment levels depend on a structured set of activities that help establish a consistent daily routine.

Goals of Intensive Residential Treatment:

- To teach appropriate social skills
- To teach Activities of Daily Living (ADL) and Preparing Adolescents for Young Adulthood (PAYA) skills
- To foster positive interactions within a home-like setting
- To focus on individual issues with a strength-based approach
- To provide intensive work with families
- To work toward reunification with family or other permanent setting

Special Features of Intensive Residential Treatment:

- Non-institutionalized community residences
- High staff-to-child milieu ratios
- Intensive treatment, using a multidisciplinary approach with emphasis on safety
- Individual, group and family psychotherapy
- A structured daily program
- A structured, skill-building weekend program
- Weekend/home visits are encouraged and supported when appropriate
- Discharge planning that begins at the time of admission

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Brandon Admissions

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Providing exceptional services for boys and their families, since 1966
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